

## Curriculum Vitae

**Katy Butler**

Author and Public Speaker

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### Education

B.A. **Wesleyan University**. Middletown, CT. English. 1971.

### Academic Publications

Butler, Katy and Sunita Puri, MD. "Deathbed Shock: Causes and Cures." (Commentary.) *JAMA-Internal Medicine*, Volume 174, No. 1, January 2014.

### Presentations and Grand Rounds (Selected)

- Presenter, Psychotherapy Networker Symposium. Washington D.C. Mar. 20 – 23, 2014.
- Grand Rounds, Department of Medicine, Temple University. Philadelphia, PA. Mar. 19, 2014.
- Grand Rounds, Department of Family and Community Medicine, Jefferson Medical College, Thomas Jefferson University. Philadelphia, PA. Mar. 19, 2014.
- Presentation for 750 Kaiser Permanente staff on advance care planning (Life Care Planning). March 1, 2014. Oakland, California.
- Conference for the Lown Institute: "From Avoidable Care to Right Care," Boston, MA. Featured Speaker. December 3, 2013.
- Vitas Hospice. Talk to Chaplains and Team Managers. November 18, 2013. Milpitas, California.
- Metta Institute. Teleconference Presenter. November 13, 2013.
- "Can We Talk?" Grand Rounds for Geriatrics, Cardiology and Medical Humanities at UC Medical Center, San Francisco, CA. October 30, 2013.
- New York Zen Center for Contemplative Care. Guest Lecture. September 26, 2013.
- UCSF Memory and Aging Center. "Writing the Medical Essay." Guest Lecture. Summer 2013.
- Harvard Medical School. All first year students. "One Family's Story:" Guest lecture on bioethics and shared medical decision-making near the end of life. Winter 2011.
- Childrens Hospital, Boston. Presentation on shared medical decision-making near the end of life. Winter 2011.
- Ochsner Clinics Inaugural Bioethics Grand Rounds. Keynote speaker. Ochsner Medical Center, New Orleans, LA. November 2010.
- John Muir Medical Center. Grand Rounds, Concord, CA. Winter 2011.
- Talks and readings at bookstores and libraries across the U.S. Fall 2013.

### Non-Academic Publications

#### Books

- "Knocking on Heaven's Door: The Path to a Better Way of Death." *Scribner*, ©2013. Named a

Notable Book of the Year by *The New York Times*, *San Francisco Chronicle*, *Medscape*, et al.

### Selected Newspaper Articles

- “Why Few of Us Get to Die Peacefully at Home.” Op-Ed. *The Seattle Times*, September 16, 2013.
- “The Ultimate End-of-Life Plan.” *The Wall Street Journal*, September 6, 2013.
- “What Broke My Father’s Heart: How A Pacemaker Wrecked Our Family’s Life.” *The New York Times*, June 18, 2010.
- “The Grim Neurology of Teenage Drinking.” *The New York Times*, July 4, 2006.
- “Many Couples Must Negotiate Terms of “Brokeback” Marriage,” *The New York Times*, March 7, 2006.
- “Beyond Rivalry, a Hidden World of Sibling Violence.” *The New York Times*, February 28, 2006.

### Selected Magazine Articles

- “Private Lives” (Blessings Column). *Good Housekeeping*, October 2013.
- “A Brief History of Psychotherapy.” *Psychotherapy Networker*, March/April 2012.
- “The New Grief.” *Psychotherapy Networker*, July/August 2011.
- “The Good Daughter: Becoming the Family Caregiver.” *More Magazine*, April 6, 2009.
- “How to Access Your Inner Calm.” *More Magazine*, September 2008.
- “Being There.” *Psychotherapy Networker*, Sept/October 2007.
- “My Life as a House.” *More Magazine*. February 2005.
- “Researching PTSD: The Biology of Fear.” *Psychotherapy Networker*, July/Aug 1996.
- “When Therapy Does Harm.” *Psychotherapy Networker*, Nov/Dec 1992.
- “The Talk of the Town,” articles in *The New Yorker*: “Devotion.” August 29, 1988; “Vibration.” December 12, 1988; “Issan Dorsey.” June 13, 1988; “Valentine.” February 29, 1988; Notes and Comment: The AIDS Quilt.” October 5, 1987.

### Teaching

- “Straw Into Gold: The Alchemy of Memoir.” Five-day writing workshop held annually at Esalen Institute, Big Sur, CA. 2001 – present.
- “The Great Leap Forward: Shaping Complex Topics into Compelling Stories.” Workshop at Annual Conference, Association of Health Care Journalists. Boston, MA. March 14, 2013.
- Nieman Conference on Narrative Journalism, sponsored by The Nieman Foundation for Journalism at Harvard University. Panelist and teacher on memoir, science writing, and narrative non-fiction. Winter 2009 and 2010.
- Psychotherapy Networker Symposium, Washington D.C. Workshop presenter, March 1995 – present.
- “The Craft of Feature Writing.” University of California at Berkeley Extension Program. One-semester course. Winter, 2002.
- “Awakening the Writer Within.” Workshops, Book Passage, Corte Madera, CA. 2005 – 2009.

## Awards and Honors (Selected)

- Finalist, “Books for a Better Life” Award. Spring 2014. Multiple Sclerosis Society of NY.
- First Place, “Science in Society” Prize, National Association of Science Writers. 2011.
- First Place, National Healthcare Journalism, Association of Health Care Journalists, 2011.
- Finalist, National Magazine Award for Personal Service, 2004.
- Honorary Master of Arts Degree from Wesleyan University. Middletown, CT. 1981.
- Writing Residencies at Blue Mountain Center, Mesa Refuge, and Hedgebrook Foundation.

## Employment

- *The San Francisco Bay Guardian*. Staff Reporter. 1972 – 1978
- *The San Francisco Chronicle*. Staff Reporter and Relief Assistant City Editor. 1978 – 1990
- *Psychotherapy Networker*. Washington, D.C. Staff Writer and Features Editor, 1990-2008.

## Featured and Interviewed (Selected Print Publications)

- “The Rumpus Interview with Katy Butler” by Jody Smiling. *The Rumpus*. October 30, 2013.
- “Caring For Aging Parents, Even From A Distance.” *NY Times (Business Section)*. November 19, 2013.
- “Katy Butler Describes Path to Better Way of Death,” by Meredith May. *San Francisco Chronicle*. September 23, 2013.
- “Mill Valley’s Butler Questions End-of-life Care in Memoir,” by Vicki Larson. *Marin Independent Journal*. September 9, 2013.
- “Why Americans Can’t Die With Dignity” by Zaineb Mohammed. *Mother Jones*. September 7, 2013.

## Media Appearances: Television and Radio (Selected)

- *Radio Times with Marty Moss-Coane*, WHYY-FM. Philadelphia, December 17, 2013.
- *The Diane Rehm Show* distributed by NPR worldwide. Washington, DC. November 11, 2013.
- *Southern Festival of Books*, Nashville, TN. Live broadcast by CSPAN. October 11, 2013.
- *Consider This* interview on Al Jazeera America. October 9, 2013.
- *The John Gambling Show*, WOR-AM 710. New York City, October 1, 2013.
- The *Melissa Harris Perry* show, MSNBC. “The Real Cost of Dying.” New York, September 28, 2013.
- *The Joy Cardin Show*, Wisconsin Public Radio (NPR). September 23, 2013.
- *The Roundtable*, WAMC Northeast Public Radio. September 9, 2013.
- *IdeaSphere: A Platform for Today’s Voices* on PRX.
- More than 20 additional NPR regional programs and other media appearances.

**Affiliations/Memberships**

- National Association of Science Writers (NASW)
- Association of Health Care Journalists (AHCJ)
- The American Society of Journalists and Authors (ASJA)
- PEN American Center
- Toastmasters International